

**Bethlehem Church of God in Christ-Superintendent Eric V. Boatner, Pastor**  
**www.bethcogic.org. 4400 Wilbarger St., Fort Worth, TX 76119**

## **2026 Consecration Guide and Prayer Manual**

**2026 Ministry Theme – “The Days of Divine Kingdom Alignment”**  
**#Answering the Call-Acts 16:8-9**

God has chosen and favored the saints of Bethlehem to again embark upon another 365-day period of power, praise and glory in the Holy Ghost. Subsequently, our hearts are overflowing and filled with gratitude along with an expectation and anticipation of the manifold blessings of our God that He has reserved for us in this year 2026. The consecration guide will aid us in ALIGNING our sanctified lives in synchronization with the timing and shifts of the Spirit. We must move at the speed of God's timing for our lives; it will ensure our success and provide protection to our peace.

### **WHAT IS FASTING?**

Fasting is the willing abstinence of food, drinks for prescribed period as directed and guided by the Holy Ghost. Fasting is denying what is vital to human survival in exchange for a deeper and increasingly intimate relationship with God.

### **HOW DO I FAST?-QUIETLY**

Continue in your daily routine regimen of washing your face. Then no one will notice that you are fasting. God will know what you are doing privately. **THE REWARD! Matthew 8:18**

Carefully consider your thoughts, words, and actions. Honor the gates of our eyes, mouths, and ears. What we consume is what we will become. That which goes into the man does not defile but that which cometh out from the mouth that defiles the man (Matthew 15:11). We are careful to think and speak power. **Ephesians 5:4-6 / Proverbs 18:21**

### **PRAYER MUST ACCOMPANY THE FAST**

Fasting without prayer becomes a detoxifying diet.  
Clarity/Understanding/Revelation/Strength/Power/Discernment/ALIGNMENT  
Read your Bible, fast and pray! I sought the Lord and He heard me. **Matthew 6:5-13**

### **FASTING OPTIONS**

When you have completed the time of your daily fast avoid eating heavy foods but choose lighter options as you reintroduce your body to nutrition. The best choice of hydration spring water, distilled water or other 100% water including green tea. Legumes such as black-eyed peas and all vegetables are great choices as well. Fruits such as bananas, blueberries, cantaloupe, grapefruit, apples, watermelon, oranges and figs. Avoid fruits packaged in high-fructose corn syrup.

### **PLEASE NOTE**



If you are on medication or if you have certain health conditions, always seek the guidance of the Holy Ghost through prayer and as needed, consult the advice and guidance of your physician.

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**GOAL: Seeking God through prayer and fasting as we refocus our hearts and wholeheartedly seek Divine Kingdom Alignment.**

## **January 2026-We are preparing for GLORY!**

### **Week 1: January 5-9 SPIRITUAL WISDOM is our prayer focus. God's wisdom!**

Monday	James 1:5	Fast until 12 pm
Tuesday	Proverbs 2:6	Fast until 1 pm
Wednesday	Ephesians 1:17	Fast until 12 pm
Thursday	Proverbs 2:11-12	Fast until 1 pm
Friday	James 3:17	Fast until 12 pm

### **Week 2: January 12-16 SPIRITUAL POWER is our prayer focus! God has given us power!**

Monday	Luke 10:19	Fast until 12 pm
Tuesday	Ephesians 6:10	Fast until 2 pm
Wednesday	Luke 9:1	Fast until 12 pm
Thursday	Zechariah 4:6	Fast until 12 pm
Friday	II Timothy 1:7	Fast until 2 pm

### **Week 3: January 19-23 SPIRITUAL DISCERNMENT is our prayer focus, sharpen us!**

Monday	I John 4:1	Fast until 12 pm
Tuesday	I Thessalonians 5:21-22	Fast until 3 pm
Wednesday	I Corinthians 2:14	Fast until 12 pm
Thursday	Romans 12:2	Fast until 12 pm
Friday	Philippians 1:9-10	Fast until 3 pm

### **Week 4: January 26-30 THANKSGIVING is our prayer focus, Lord, we thank you!**

Monday	Psalms 100:4	Fast until 12 pm
Tuesday	I Thessalonians 5:18	Fast until 6 pm
Wednesday	Philippians 4:6	Fast until 12 pm
Thursday	Colossians 3:17	Fast until 12 pm
Friday	Psalms 103	Fast until 6 pm

We are believing God for all things in every area of our sanctified lives. Bethlehem, we have arrived at this place and time upon the wheels of time for such a time as this. God has granted us an assignment to be ambassadors and representatives of the Kingdom of God; ever mindful that our assignment is to fulfill the purposes of our God in the earth realm. Thy Kingdom come, thy will shall be done! **“These are the Days of Divine Kingdom Alignment” #Answering the Call.**

**CONSECRATE:** Inspirational TV, Radio, etc. Pray morning, noon, night. Read scriptures daily. Limit social media contact. Eat chicken, fish, turkey, fruit, jello and vegetables (light soups) after fasting. Limit sweets, fried foods, sodas, and bread to 1 meal per week. We do not eat or drink during our fasting. Follow doctor's orders. Consecrate each day.

**WEEKLY SERVICES:** Conference Call Tuesdays Prayer 6:30-7 pm. Bible Study 7-8, Wednesdays Prayer 6:30-7 pm, Strength for the Journey 7-8 pm. 727-731-9077. Sunday Morning Prayer 9 am. Sun Sch 9:30-10:45 am.

**SUNDAY MORNING** Worship 11 am.